

Smoke Signals

Arrowhead Improvements Association



April 2007

PRESIDENT'S LETTER

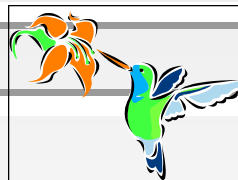
Gary Keiser

This will be one of our earliest springs ever. We saw the first wildflower on April 2, and the roads will be open by the time you receive this. However, it may be a long mud season, so check with Security before bringing up your RV. Our land use agreement with the County requires that all cars, trucks, snowmobiles and trailers be removed from the parking lot by May 31. Fines may be levied for non-compliance.

The Hazel Lake restoration project continues to evolve. The two engineers who worked on sealing the lake last year do not recommend trying to seal it again. They believe it would be a waste of funds because the resident rodents would just drill through the seal, and the water would leak out again. Therefore, we'll have to make the best of what we have. A committee is being formed to make recommendations for improvements considering present water levels. Anyone interested in serving on the committee should contact John Moseman.

We have created the position of communications manager to coordinate publication of Smoke Signals and updating the website. Cheri Ratliff has volunteered to fill this position beginning with this issue. She will be trying to add more content of general interest and more pictures. If you have ideas or want to help, contact Cheri.

The terms of three board members are expiring at the end of this year. We'll need some new faces to carry the community forward. Please consider volunteering or nominate your neighbor.



WILDLIFE...DID YOU KNOW

A hummingbird can go torpid depending on their health and energy reserves. Some might avoid torpidity by eating a bigger dinner to have more fuel for the night. Molting birds are more likely to become torpid. Incubating females and fledglings do not go torpid as a fall in temperature would greatly inhibit developing embryos and young. Torpid hummers appear dead or frozen to the perch, obviously exposing themselves to the dangers of predators since torpidity is a defenseless state. They can not fly, cry out or function normally. Breathing can actually stop for short periods of time. It can take over an hour for some birds to waken from the torpid state, their temperatures rising about a degree a minute.

(Hummers 1987)

Fire Department News



FIRE CHIEF'S LETTER

Ron Benson

The logging operations up country from Arrowhead have been suspended until the Spring melt is over. The US Forest Service says this timber contract will be completed this summer. However, the Long Draw timber sale will take place next summer and begin operations in 2009. Copies of the contracts have been made available to us to see what the effects could be on Arrowhead. If you would like an electronic copy, email me at drbenson@fone.net, and I can send them to you. They are quite wordy, but we need to provide input now because after the contract is signed, no changes are allowed. The thinning of the forest on top of the mountain is a good thing for wildfire suppression, but it's the winter hauling of logs that presents the biggest danger to Arrowhead residents.

The Fire Protection District (FPD) project is progressing on schedule. Over 220 petition signatures will be given to the Gunnison County judge in April. The judge will certify the signatures and then call for an election to approve forming the FPD in August. If the election is successful, the mill levy will be voted upon in November as required by law.

I would like to clarify some items about which residents are concerned regarding the FPD.

1. No change in the fire tax mill levy will be proposed in November, so a tax increase will not occur.
2. There are no plans to hire any full time Arrowhead fire department employees in the foreseeable future.
3. Arrowhead has had mutual aid agreements with other fire departments for years. Our chances of being called upon for aid are no higher with the formation of an FPD at Arrowhead. Montrose and Gunnison have other closer, more experienced, and younger fire departments to call on before Arrowhead would be considered.
4. The 5 person Board that will oversee the Arrowhead FPD will be bound by state statutes as to any tax increases or large expenditures. The Board members will be your neighbors and their terms in office are staggered. That means if you are unhappy with the Board, you never have to wait more than 2 years to run for a Board seat and effect change.

In April, we'll change our fire equipment over to summer status. This means changing the mattracks on the red brush truck back to tires, refilling all the water tanks, and "summerizing" the snowmobiles. The foaming system on the tanker is being integrated with the front water cannon, which will be a huge help in fighting wildfires. New antennae have been installed on 2 trucks, which has greatly improved radio performance.

Since the 4th of July falls on a Wednesday this year, our annual picnic will be held on the preceding Saturday, June 30th. We always need volunteers to help put on this event so please donate some of your time to help us be successful this year.



Board Reports

Design Review

Gary Keiser

The second set of house plans for 2007 were approved. Members of the Committee expressed concern about rock walls being erected on some lots. The Regulations prohibit any boundary fence and require Committee approval for interior fences. A survey of existing fences will be conducted and any violations will be addressed. Members also noted that second driveways needed during construction have sometimes continued in use. The Committee follows the practice of minimizing the number of driveways accessing filing roads and will not approve two entrances. A survey of second driveways will be conducted and any violations addressed.

Radon gas, which can be a health hazard, is common on the western slope and has been found in some Arrowhead basements. The Committee recommends that tests be conducted before house construction so that mitigation can be included in construction, if necessary. Also, Owners may want to test existing basements. Go to www.radon.com for more information and testing kits.



Maintenance and Improvements

Paul McDermott

The snow is melting fast, even though there have been a few spring storms. Soon, the ground will be bare and then wild flowers, grasses, and noxious weeds will begin appearing. This year, M&I is going to focus primarily on the Canada thistle, which seems to have almost taken over large areas of commons. We will be contracting with Daniel Gray of Native Landscaping to treat some of the larger infestations, such as the area between the Alpine and Ponderosa, above the Flint Lakes.

Treatment of noxious weed infestations on individual lots is the responsibility of each property owner. Daniel may be able to coordinate his treatment of commons areas with treatment of individual lots. To make arrangements, contact Daniel either by telephone 970-596-7665 or through his website www.nativelandscaping.biz.

The above website also contains quite a bit of information concerning noxious weed identification, and different control methods. Remember, state statute and county regulations require property owners to control or eradicate noxious weeds.

On different note, a suggestion was made by several property owners last year about developing an "adopt-a-road" program at Arrowhead. The idea is for property owners to get together with their neighbors, and have small work details to clean up downfall along the filing roads near their lots. Many times this can be coordinated with spring or summer clean-up. This is a great way to meet your neighbors, spruce up the neighborhood, and show the pride in the area for which Arrowhead is noted.

Board Reports

Heavy Equipment Ralph Ambruster



April fool! Yes, mother nature got us this year with cold temperatures and snow after we had begun to plow the roads. We'll start again with warmer temperatures. We only have one shot at county help for the Alpine so I am saving that card until a little later in the year. In the meantime Will is doing what he can to improve the road surface as weather and thawing permit .

We are progressing on evaluation of a parking lot bath room. Anyone wishing to serve on that committee will be appreciated. Please contact me if you would like to be of assistance. That is about it for this month. Please feel free to send me feedback on the AIA roads and heavy equipment workings.

Spring has Sprung in the Mountains

Security Notes Lindy Lindner

We've had a pretty mild winter with no major incidents. Now that spring is here the security team is preparing for the roads to open. I would like to thank all the powder hounds who helped security break driveways this winter: Gary Kelley, Doug Cockes, Bruce McGoldrick, Ron Benson, Don LaForge, Bill Misare, Star Johnson and Jim Hobbs. We really appreciate your enthusiasm and help. With over 200 driveways to open it would take much longer without you. Thanks!!!!

I guess it's about time to crawl up on the ol' soap box and remind folks that the speed limit on the filing roads is 20 miles per hour. Not only does driving faster than that create a safety hazard for people and wildlife, it is very hard on our roads. There will be logging trucks back on the Alpine as soon as elf calving season is done, so please be careful!

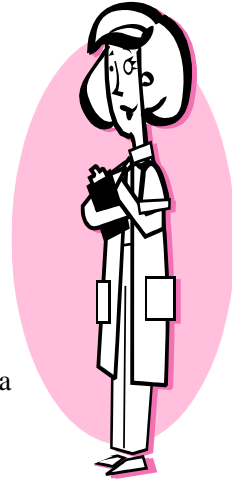
. If you need to get in touch with security, you can call the message phone, e-mail security@arrowhead1.org or, in case of emergency, call the cell 970-209-6335. We are looking forward to seeing all our summer friends.



HEALTH ON THE MOUNTAIN

Joyce Bolter

In January, we traveled to Texas, and missed a week of below zero weather and the vicious stomach flu that made over half the winter residents ill. In February, we went back to Texas, to check on Bill's mother. Someone must have thought that it wasn't fair that we missed the stomach problem, so we picked it up in the hospital, and suffered several days. We even had to delay our trip back home for a day. I didn't have computer access in Texas, so I had to wait to look it up when I got home.



A virus causes the stomach "flu". It also may be called gastroenteritis or viral gastroenteritis. It is caused by the Norwalk-like virus or noroviruses. These are viruses rather than bacteria or parasites, and are not affected by antibiotic treatment.

The symptoms are nausea, vomiting, diarrhea and stomach cramping. You may also have low-grade fever, chills, headache, muscle aches and generalized fatigue. The illness starts usually within 12 to 24 hours after exposure and may last one to two days or longer. The illness is generally not serious and over in several days. The most serious complication is dehydration. If you cannot replace the fluid that is lost, then medical treatment and I.V. fluids may be necessary. Remember, George Hill recommends 8 glasses of water a day. Drinking water or juice will lessen your chances of becoming dehydrated. Sports drinks do not necessarily replace the nutrients and minerals lost in this illness. One of my mom's favorites, when I was a child, was to make jello and let me drink it when it was still warm. My children and grandchildren all like this home remedy. Although, you need fluids, it isn't a good idea to eat during the illness. You may use the BRAT diet, when you are ready to try food. That is Bananas, Rice, Applesauce, and Toast. Use these foods in small amounts until your digestive system is ready for more complex food.

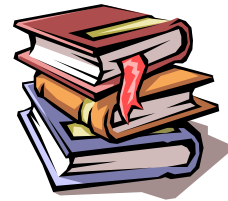


Noroviruses are spread by hand to mouth. Touching contaminated surfaces and then putting hands on food or in the mouth. Therefore the best and only prevention is frequent and diligent hand washing. It is important to frequently disinfect surfaces during the illness and wash clothing that is contaminated. This illness can spread rapidly in hospitals, nursing homes, day care centers, schools, and offices, any place that groups of people are in close contact. One of the worst places for picking up viruses, and ugly germs is the handle of the grocery store cart, some stores offer antiseptic wipes where you get the cart. You are usually contagious for about 3 days to 2 weeks after the illness. Hand washing and not placing hands in the mouth are the best prevention. Okay, go out and socialize and have a good time. The only place you can be safe is a deserted island in the middle of the Pacific. Obviously a small community on the top of a mountain isn't completely safe.

Community News

2007 Book Club List

February	A Good Yarn by Debbie Macomber
March	Anything for Billy by Larry McMurtry
April	Ghost Soldiers: The Epic Account of World War II Greatest Rescue Mission by Hampton Sides
May	The Glass Castle: A Memoir by Jeannette Walls
June	Beneath A Marble Sky: A Love Story by John Shors
July	Uncle Tom's Cabin by Harriet Beecher Stowe
August	Teacher Man by Frank McCourt



Book Summary

The Glass Castle by Jeannette Walls

The Glass Castle is a remarkable memoir of resilience and redemption, and a revelatory look into a family at once deeply dysfunctional and uniquely vibrant. When sober, Jeannette's brilliant and charismatic father captured his children's imagination, teaching them physics, geology, and how to embrace life fearlessly. But when he drank, he was dishonest and destructive. Her mother was a free spirit who abhorred the idea of domesticity and didn't want the responsibility of raising a family.

The Walls children learned to take care of themselves. They fed, clothed and protected one another, and eventually found their way to New York. Their parents followed them, choosing to be homeless even as their children prospered.

The Glass Castle is truly astonishing—a memoir permeated by the intense love of a peculiar, but loyal, family. Jeannette Walls has a story to tell, and tells it brilliantly, without an ounce of self-pity. *The Glass Castle* 2005

Houseman Anniversary

A surprise 50th Anniversary party was held at the Inn for Clay and Jenny Houseman March 5, 2007. The Houseman's, owners of the Inn at Arrowhead, were surprised with over 50 people attending, and providing appetizers and punch. Betty Chrisman, Sally Burrichter, Joanie Aufderheide, and Linda Bumgarner planned the evening. The night was topped off with dancing and music provided by Heath Houseman as disc-jockey.

Congratulations Clay and Jenny!



Snow Golf 2007

10th year

Known as "Grip it and Rip it". You use regular golf clubs and 3 inch waffle balls.

Jim Darnell and Linda Goddard 1st place winners. . 2nd place winners tied Joanie Aufderheide and Bill Paine, Mike Goddard and Cheri Ratliff, and Lindy Linder and Jim Hobbs.

Thanks go out to Jim and Barb Darnell, Joanie Aufderheide, Eric and Star Johnson, Gayle Huddleston and all the snowshoe "stompers" for making the course.

The contestants enjoyed 3 different kinds of chili and deserts for their efforts.
\$180.00 in donations was collected for the Fire Dept.



"Swing it Shirley"



Snowshoes are a must.. just ask Don!



Photos by Rich Leary



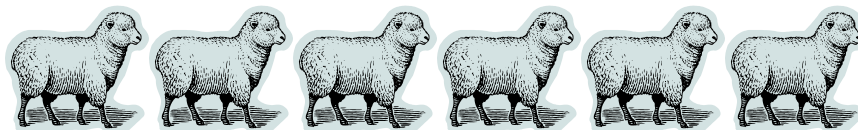
Squirrell Tales

Jim Squirrell, who developed Arrowhead on his family ranch some 30+ years ago, gave a talk on his family history at a community dinner in the fall of 2006. Ofelia Vandenbosch was kind enough to transcribe it so that we have it for posterity. Here is an excerpt from that talk.

SHEEP INDUSTRY & BASQUES...

What happened next is that a new industry developed in this part of Colorado – it was the sheep industry. There were multi-millionaires made in the sheep industry because in the early days, what happened was that a lot of Basques came into this area. When they came, they came with their wives and with their dogs. They bought a few head of sheep, and then they started moving the sheep from the desert to American Flats. Moms and dads, their dogs and their sheep would walk all the way down from Cisco, down by Green River. In the Spring, they would start walking, and they would herd their sheep, and they would walk all the way to the American Flats for the summer, turn around at this time of year (October) and walk all the way back. Now you can see what happened. The shepherders' flocks of sheep got larger and larger. They had no overhead because they weren't paying for any feed and weren't paying for any help. All they did was fix their meals out of their sour-dough pots. They ate a few lambs along the way. They killed a few deer and primarily lived off the land.

Well, as they moved back and forth and as time went on, they ran into a problem. As more and more of this ground was homesteaded, it was becoming very difficult for those herders to move their livestock up to the high country, American flats, because of the deeded ground – the homesteads. So the government came here about the 1920s – 30s and they actually set aside what they called “stock drives.” We're pretty familiar with stock drives because we have one that goes all the way from the highway along our east boundary, all the way up to the reserve line up there. That stock drive was one of the most famous stock drives in Colorado. It was called the Ridge Trail and the Ridge Stock Drive.



When I was a boy, there were 90,000 head of sheep going up the stock drive every spring. 90,000! They went up and they took those ewes and those lambs into the high country. I don't know if you know this, but you can take a lamb and take him to the high country – up to 12 or 14,000 feet – and he does better than anyplace else you can take him. The reason for that is that country is so rough that those lambs are constantly jumping up little cliffs, down little cliffs and so on, and all summer long they're building muscle. So when those lambs came out of the high country, they were better lambs than from anyplace else.

I mentioned before that some people became millionaires, and this is true. Most of them were Basque people because those herds of sheep got bigger and bigger and bigger, and they were selling their wool in those days for about one dollar a pound. That's the price that we get for it now. Can you imagine that much money years ago? A big ewe when you shear her will give you about 12 to 14 pounds of wool. So they were taking 14 pounds for close to \$14 off the ewe in the spring. They were selling the lambs in the fall, and they were getting rich. They were buying ranches then, and they were paying \$6 to \$15 an acre.

The man that made the most money of any of the Basques was Emmett Elizondo. Now, ten years ago, if I asked who knew of Emmett Elizondo, half the hands in the room might have gone up – but maybe not. When this man started out, he was a young fellow over from Spain. Like I said, he started moving sheep up and down. His wife was with him all this time. He started buying land. He bought, for example, 17,000 acres across from here that the Indians own now. He owned the Curecanti Ranch on the other side. He owned a big ranch up the Cimarron. He was rumored to be the single, largest land-owner in Colorado and Wyoming - a multi-multi millionaire.

I've got great memories of the Basque people because as a boy I worked with them most of the time. They are a wonderful, wonderful people, but their language is very difficult. Even working with them as a kid (as a kid you should be able to pick up language pretty easy), I'd say, "What do you call that mule?" They'd tell me twice. Ten minutes later... "What do you call that mule?" You can't remember their language. It's just the weirdest combination of sounds. I asked a Basque about it one day. He said, "You know, that's the reason the Basque people are such good people." I said, "What do you mean?" He said, "The Devil tried seven times to learn Basque and he gave up."

Another thing I remember about that period of time is that Emmett Elizondo was running about 150,000 ewes at that point, and he was bringing in the Basque sheepherders from Spain. When they came in, they came in on separate planes when they unloaded 30 or 40 young Basque boys. The Basque sheepherders were the finest herders in the world.

I watched one day when they unloaded a plane of these young fellows in Montrose, and I'll never forget this. When they stepped off that plane, they each had a puppy in their arms. They weren't about to come someplace new and not have their dogs.



Coming Soon... "Arrowhead Parade of Cabins"

Several home owners will show their homes for a "Parade of Cabins" tour on Sun. July 1st, 2007, from 12:00 P.M. - 4:00 P.M.. All proceeds will benefit our Arrowhead Fire Dept.. Tickets are \$10 per person and may be purchased at the "4th of July" picnic, which will be held this year on Sat. June 30th. Tickets will be on sale at the Security Booth. For more information contact Wendie Masanetz via e-mail at reinie@fone.net or call (970) 862-8362.

Wildflower Realty at Arrowhead

Sally Casad, Broker
1800 Spruce Road
Mail: P. O. Box 100
Cimarron, CO 81220
email:

sally@wildflowerrealty.com

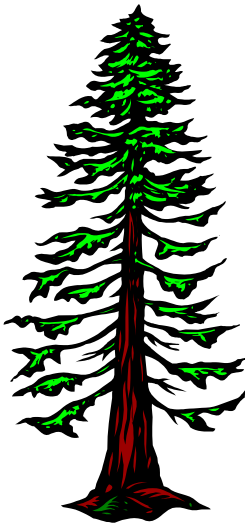
Wildflower Realty has some beautiful view lots listed and available. Great investment opportunity! Arrangements can be made for winter showings, call Sally at 970 252-8249.

970-862-8201 (vacation stop until May 2007)
Winter phone 970 252-8249



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View pictures @
<http://www.life.umd.edu/emeritus/reveal/pbio/cabin/cabinsale.html>





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Winter Survival

Famous Quote "Always be prepared and plan for the worse".



Survival lean-to.

Eric Johnson built a lean-to out of tree branches to show people what they might do if they should become stranded and have to spend the night outside. Eric took a course on winter survival and shared information with approximately 30 people gathered there. Smoke Signals will run an article this winter about being prepared for the outdoors. For more information check out this web site:
www.coloradosledcity.com



Eric Johnson and Bob Rosenbaum

Arrowhead Improvements Association
101 N. Uncompaghre #4
PO Box #0089
Montrose, CO 81402-0089
Phone: 240-9599
FAX: 240-9699
Email: aia@arrowhead1.org
Web site: www.arrowhead1.org



Spring run off on the Alpine road.

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850 Hazel Lake Drive \$55,000

851 Hazel Lake Drive \$55,000

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NOTICE

All real estate advertised herein is subject to the Federal Fair Housing Law. The Arrowhead Improvements Association and its publication "Smoke Signals", will not knowingly accept any advertising for real estate which is a violation of the law, both Federal or State. If you feel you have been discriminated against call the Colorado Civil Rights Division at 248-7329 or HUD 303-844-6158 or 1-800-669-6977



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WE NEED LISTINGS!

We sold so much property last season
If you're thinking of selling your Arrowhead property, please call us for a professional price recommendation.
And before you decide to build, please come see the great selection of homes we have available!



ESCAPE WITH FAMILY AND FRIENDS TO THIS SPACIOUS MOUNTAIN HOME. Watch fawns scampering through the meadow, listen to the breeze through quaking aspen leaves, soak up the sun on expansive decks or just enjoy the serenity of this lovely mountain home. The well-equipped kitchen with pantry even offers wine storage and is conveniently located between the dining room & breakfast room. Each of the 4 bedrooms include an en-suite bath & there's also a full bath on the 1st floor. You'll love the roominess and privacy this spacious home offers for \$550,000.



FULLY FURNISHED AND READY TO ENJOY Just bring your clothes and food to this wonderfully furnished and decorated cabin on Crest Drive. A wood burning stove adds coziness to the electric heat, top-line stainless steel appliances, oak cabinets and granite-slab countertops grace the kitchen and the living room is bright and sunny with extra thick walls (log plus frame). There are lovely master bedrooms on both levels and 2 full baths, one with a jetted tub. A cute home office utilizes the attic and there's plenty of storage in the shed and beneath the house. Priced to sell at \$325,000, this is a must see!



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Adjacent lot available with cabin for \$45,000.

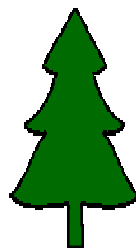


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George Basel

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Local References

970-240-9332

Need more Info?

Visit our website

Arrowhead1.org

Or

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850 BALSAM DR.
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Barbara Darnell
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(Arrowhead)
1150 Spruce Road
Cimarron, CO 81220

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Cimarron, CO 81220
Office: 970-862-8298
Cell: 970-209-7253
Email:
Web: www.todayrealtyinc.net

MLS

Arrowhead Smoke Signals come out
February, April, June, August,
October, December

Ad Deadlines for 2007 are:

January 31	July 31
March 30	September 31
May 31	November 30

Country Breakfast Casserole

1 roll (12-16 oz.) sausage, regular or reduced fat
6 bread slices
6 eggs, lightly beaten
1 cup water
½ cup milk
1 package McCormick® Sausage Country Gravy Mix
2 cups shredded cheddar cheese
2 tablespoons melted butter, optional Paprika



Directions:

1. Crumble sausage into a large skillet cook over medium heat until brown, stirring occasionally.
2. Remove sausage and drain on paper towel. Spread sausage over bottom & a lightly greased 11 x 8-inch baking dish. Cut bread into 1-inch cubes. Set aside.
2. Whisk together eggs, water, milk and Gravy Mix. Sprinkle cheese over sausage. Pour mixture over cheese. Arrange bread cubes evenly over mixture, if desired, drizzle butter over bread. Sprinkle with paprika.

3. Bake at 325°F, uncovered. 40 minutes or until knife inserted in the center comes out clean.

Remove from oven and let stand 10 minutes before serving,

Makes 8 servings.

Billie Ellis

For more great recipes like this, contact the A.I.A. Arrowhead Cookbook \$15 (benefits the Fire Dept.)

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