



Arrowhead Improvements Association
Website www.arrowhead1.org

October, 2009

PRESIDENT'S LETTER Paul McDermott

It seems that we just got the roads opened for the spring, and it is already fall and the leaves are changing at Arrowhead. Where has the summer gone?

Arrowhead property owners have been busy all summer, cleaning lots and commons, sprucing up houses, and in general being an active part of the community. Volunteers with the Arrowhead Snowmobile Club have spent many weekends building the new Willow Trail and getting ready for their new trail groomer. Additionally, there were three community clean-up days in the subdivision, one on a portion of Spruce Road, two cleaning up around Hazel Lake. The difference in those areas is very noticeable, and the efforts are greatly appreciated. It is a real pleasure to be part of a community in which so many volunteers are active.

As we get ready for another winter, it is time to make sure our homes and cabins are safe. Every year, we read of a tragic situation involving carbon monoxide (CO) poisoning. Last year, a family died in Aspen, due to a heating appliance venting into the living space. Since many of us depend on some type of fuel burning heat source (propane or wood), please make sure the heating equipment is serviced, cleaned and ready for the season. In addition, the installation of a carbon monoxide detector in every structure with fuel burning heating equipment helps provide additional safety. Don't forget, the propane radiant heater keeping the hobby workshop in the garage warm also produces CO. Also, with the time setback from daylight savings time, it is time to change the batteries in our smoke and CO detectors.

With winter comes transition to using the Winter Parking Lot. Soon, Security will be allowing snowmobile and trailer parking at the lot. Because this parking lot must serve many property owners, both full time residents and weekenders, everyone is asked to please comply with the Winter Parking Lot regulations, which Security has produced.

Also, this is a reminder that every vehicle in the Winter Parking Lot must have a yellow, numbered Arrowhead sticker or a guest pass issued by Security, clearly visible from the outside of the vehicle. With the opening of the new snowmobile trail, and acquisition of the new groomer by the snowmobile club, we are anticipating a lot more general public on the trails this winter. The Winter Parking Lot is clearly marked that it is for Arrowhead Property Owners Only, and other vehicles may be towed at owners' expense. The only way to identify which vehicles are allowed is the use of the yellow, numbered Arrowhead stickers, or an AIA Guest Pass. The AIA Board, at the September meeting, authorized the Security Manager, or his designee, to impound and/or tow any vehicle in the parking lot which does not have the required identification.

Have a fun autumn and winter at Arrowhead and be safe.



Fire Department News

Fire Chief's Letter Kevin Stilley

This has been a good summer for the Arrowhead Volunteer Fire Department. We received our first new fire truck, the fire danger was relatively low all summer, the medical emergencies were down from previous years, and our public events went off well.

We are all very happy with the new truck. We designed it for our use up here in the mountains for wildland fires while still being able to hook up to a hydrant for structure fires. It is rather small compared to the city trucks, but that helps with getting around the tight subdivision roads and drives. The truck was used at the summer fire house games and performed as we expected it would - terrifically.

Even though the fire danger was low most of the season we still managed to have our first wildland fire in the subdivision in years. While there was no real property damage, other than some trees that were torched, it was a definite wake up call on the importance of fire mitigation.

Bee stings were the favorite medical call this summer. Personally, I'll take a bee sting over a heart attack or chain saw accident any day. Lets keep up the great safety streak we've got going. When the medical first responders start getting bored that is a good thing.

We've already mentioned in the past Smoke Signals how smoothly and easily the 4th of July picnic went over, and the Fire House Games also proved that simple is sometimes the easiest and best way. There were more kitchen volunteers than we expected which took the pressure off the rest of the staff. They served over 100 guests for the pancake breakfast while watching Ron Benson and his team take first place honors. Ron's team consisted of himself, Nick Garreffa, and Glynn Abbot. Way to go guys. Please see the Arrowhead web site for more on the fire house games.



Photos by Cheri Ratliff



Within the month of receiving this Smoke Signals we will be transitioning from summer to winter emergencies. That includes stripping the truck of all wildland fire fighting equipment, installing the mattracks on the truck, preparing the snowmobiles for use, setting up the ambulance sled and medical equipment toboggan as well as preparing our hose sled and auxiliary pump sled. Winter is a different challenge but a challenge we are used to and prepared for.

Enjoy the rest of your fall and we hope to see you at our next event rather than in the back of an ambulance.

Board Reports

Heavy Equipment, Roads Maintenance and Infrastructure By Don Koeltzow

The maintenance grading of the filing roads has been completed and the road crew is busy getting the equipment ready for winter. The concrete pad in front of half of the machine shed has been removed because it was sloped so that snowmelt from the roof would run into our equipment bays. Next summer, this pad will be replaced with one that is sloped in the proper direction. In addition, inside the heated equipment bay, we have installed a sump pump system to remove the snowmelt from the grader. This will make it safer for our maintenance personnel to work on equipment as they will not have to stand in water. Once the budget has been passed in October, we will begin developing our maintenance plans for 2010. When these have been finalized, they will be posted on the AIA web site.

The road closing for the winter also will be announced on the web site with as much advance notice as we can obtain. In addition, we plan to work with Security and announce the days when the winter parking lot will be cleaned on the web site – again with as much advance notice as possible.

The floor in the winter parking lot bathroom has been sealed and we are working with the contractor to install the hand rails and obtain the Certificate of Occupancy.

Please continue to encourage all visitors to obey the posted 20 mph speed limit and enjoy our beautiful fall colors.



NOTICE: As of 8-20-09 the frost free water hydrant at the Inn at Arrowhead has been removed. This should not be confused with the fire hydrant. The water company was forced to remove the frost free hydrant because of people leaving the water running and people who were not property owners filling large containers. Property owners can still fill their campers at the RV dump station in the South East corner of the winter parking lot.



Reinie Masanetz and Eric Johnson stand in front of the new Security vehicle, a 2008 Ford Explorer.

Volunteers have been working on clearing a path around **Hazel Lake** this summer. It is marked with red flags. It would help to define the path if people will start using it regularly. There have been 3 workdays on this, with great volunteer turn out. The next work day is October 10th. The path will also be groomed in the winter for cross country skiing. No vehicles, 4 wheelers, or snowmobiles are allowed on this path.

Notice

All real estate advertised herein is subject to the Federal Fair Housing Law. The Arrowhead Improvements Association and its publication "Smoke Signals", will not knowingly accept any advertising for real estate which is a violation of the law, both Federal or State. If you feel you have been discriminated against call the Colorado Civil Rights Division at 248-7329 or HUD 303-844-6158 or 1-800-669-9777.

Community News

Security Reinie Masanetz

Winter will be here soon and all Arrowhead property owners need to review and follow our “Winter Parking Rules”, posted in this issue of the smoke signal.

Please contact security at 970-862-8262, to obtain a vehicle registration form or go on line and download the form from our website www.arrowhead1.org. The vehicle registration form can also be obtained via e-mail, security@arrowhead1.org. Security will mail the stickers to your off mountain address. The stickers need to be mounted to your vehicles, trailers, snowmobiles and UTV's. If your vehicle(s) are at Arrowhead, please do not forget to bring the stickers with you.

Marking the driveways in the winter is essential for the safety of our security team and equipment. I am asking all homeowners who have difficult driveways or obstacles that could harm security snowmobiles to mark their driveways with reflective objects (reflective posts or PVC pipes with reflective tape). Most *seasoned* security officers are familiar with your trail, but this year we have new staff that is not. Safety is our primary concern and it is up to the discretion of our security team whether to enter someone's driveway or not.

The winter months are the most challenging and physically demanding times for our security team in performing their duties. Residents need to give ample notice to security prior to their arrival or departure from their cabins. There is only one security officer on duty, performing 5-6 hours a day during the core hours from 9 a.m. to 3 p.m., completing a total of 40 hours a week, Monday through Sunday. For those folks that leave early in the morning or come back late at night, we need your patience and understanding. Security is doing their best to complete all services, especially during and after a snowstorm. In the past, security has relied heavily on volunteers to help cut trails right after a snow storm. Please call and let me know if you are interested in volunteering to backup the security person after a snowstorm or call 862-8262 and leave a message and I'll put your name on a call list.

Starting October 15th, you can pre-position your snowmobiles, sleds and trailers in the winter parking lot. Security will assist you parking your snowmobile trailers to an assigned space and collect a \$50 parking fee. We still have diesel parking spaces available, but they are going fast. A \$100 fee is required at the time the reservation is made.

JUST A REMINDER: All recreational vehicles and tents need to be removed from Arrowhead by November 15th, but it is possible “Mother Nature” may strike before that date.

We look forward to an enjoyable and safe winter season.



Arrowhead Fire Protection District News:

The budget process has begun. Two copies of the draft budget are available for inspection and comment in the firehouse. There will be a public budget hearing on Friday October 16th at 1:00 PM in the firehouse. Comments from all district electors are welcome until November 21st.

Bob Rosenbaum



Community News



Arrowhead Improvements Association



Winter Parking

1. You must have a yellow numbered sticker on your motor vehicles, trailers, snowmobiles, ATV's and UTV's in order to use the winter parking lot. There is a sign in the parking lot, "Vehicles without an AIA numbered sticker will be towed at the owner's expense". Security personnel will patrol the lot for rule infractions and take appropriate action. Do not leave a vehicle in the main parking lot for an extended period of time that cannot be moved if the lot needs to be plowed. Leave a spare key(s) with Security for vehicles remaining in the parking lot for any extended period. Each owner is allowed two (2) non-paid spaces in the parking lot.
2. Paid spaces will be provided for open/enclosed trailers. Enclosed trailers will park in the designated far west side. Snow removal will not be provided to this area thus these trailers will not be required to move when the lot is plowed. Open trailers will park on the northwest corner of the main parking lot. Spaces are available for a fee of \$50.00 per space. See Security personnel to secure a long-term trailer space.
3. Snowmobiles will be parked on the elevated West side area of the parking lot. Short-term parking of snowmobiles and UTV's will be allowed for a maximum of three (3) nights in the main area of the parking lot. Chaining multiple snowmobiles together in the vehicle parking area is not allowed.
4. Guest parking will be provided on a limited basis. Two (2) guest passes will be provided to each lot owner and are available from Security personnel. Guest passes are to be placed on the dash board of the guest vehicles. Property owners are responsible for their guests. Please inform your guests that a telephone is available in the warming hut for local calls only.
5. Weekend vehicles with trailers are to park in the designated area, which is the first row South of the diesel parking. The vehicle and trailer both must have an AIA numbered sticker or guest pass. No parking will be allowed on the East side of the parking lot. The snowplow must have clear access through this area to dispose of snow during routine grooming and to provide emergency access to egress.
6. Vehicles, snowmobiles and trailers may be parked in the parking lot no earlier than the second Saturday of October and must be removed from the parking lot no later than May 31st each year (per our county use permit). Vehicles, trailers, snowmobiles, ATV's & UTV's left in the parking lot after May 31st will be impounded and charged a \$100 fee unless other arrangements have been made. Vehicles remaining past 90 days in the impound area will be removed at the owner's expense.
7. Vehicles with diesel engines have priority for diesel parking spaces. There are now 30 diesel parking spaces. Assignment of a parking space to a diesel vehicle must be reserved and paid for by October 1st. After Oct. 1st, if space is available, assignments will be made on a first come basis. The fee is \$100 for the season or \$10.00 for the weekend (if space is still available). See Security personnel to reserve a space and pay your fee.
8. When leaving the lot on snowmobile **please stay on marked trails and observe traffic regulations.**

Community News

Design Review Joyce Boulter

This year started off slow for Design Review. Things did pick up a little this summer. We had three houses go up, one was started last year. There were two garages, eight sheds, four decks or alterations, four driveways and five utilities. Most residents are complying with the regulations and are interested in keeping their lots clean. You can tell from the stump dump that there was a lot of mitigation and defensible space clearing. Thanks to all those residents that are mitigating their lots. This reduces fire danger.

One reminder from design review and security, please do not block your driveway with ropes or rocks. The security officers keep trails open on the lots with houses in the winter. The rocks or ropes could damage the security snowmobile and hurt the officers if they are just below the snow level. This is the same reason we ask that rocks lining drives be moved back to 10 feet from the road.

A group of residents are also working on a trail around Hazel Lake and plan a nature trail in the summer and cross-country ski trail in the winter. We will be putting up signs limiting the access to hikers and skiers. Please don't drive 4 wheelers or snowmobiles in the area.



The 2010 Shutterbugs Calendars are on sale.

The calendars this year feature beautiful pictures of not only Arrowhead but some of the nearby areas. They make wonderful Christmas presents for friends and family. These are made with card stock. We have only a limited amount left. You may purchase them at the Property Owners dinners in Oct. and Nov. Shipping is available.

Contact cheriratliff@fone.net



Desk calendars \$7.00 & Wall calendars \$18.00

The AVFD has new merchandise and will soon have it listed on the website. New items include denim shirts, denim jackets, open bottom sweat pants, tote and wine bags. Watch for these to be listed for sale on the website. Contact Martha at cook2324@gmail.com



Happy Halloween

Community News

Shingles: What You Should Know!

Shingles is a disease caused by the same virus that causes chickenpox. It is actually a reawakening of an old chickenpox infection. Shingles occurs most often in people over the age of 50 but can actually occur in people of any age with weakened immune systems.

COMMON SYMPTOMS:

Rash in a band like pattern on one side of the body that may appear like blisters, is usually painful and sometimes this nerve pain can persist for months to years.

How common is shingles?

Every year in the United States shingles affects about 1 million people. If you have had chicken pox you have about a 1 in 3 chance of getting at least one shingles infection in your lifetime. If you live to the age of 85 you have a 50% chance of at least one encounter with shingles!

How do you get shingles?

Well you DO NOT get shingles from other people. Only people who have had chickenpox can get shingles. Shingles occurs when the chickenpox virus reawakens. It can live silently in the nervous system for decades! This reawakening can be caused by a weakening of the immune system that occurs when we get older, but also from other causes such as illness or from taking drugs used to treat other health problems but weaken our immune system. Most often cases of shingles occur among adults who otherwise appear healthy.

Is shingles dangerous?

YES!!! It is not usually life threatening but shingles can be extremely painful and for long periods of time. Perhaps the most common complication is persistent, long-lived, debilitating nerve pain. This pain can be so severe that it leads to sleeplessness, depression, weight loss, poor eating and interferes with basic daily activities such as dressing, bathing and eating. This pain is one of the most common types of pain an adult can suffer, is typically severe and unrelenting and, unfortunately is hard to treat.

Shingles can also affect the nerves around the eye area in approximately 15% of people with the disease, and may cause reduced vision or even blindness. If your immune system is weakened from other causes it can cause hepatitis, pneumonia and encephalitis (infection of the brain).

Scarring and bacterial infections can also occur at the site of the rash.

Is Shingles contagious?

Yes. Although people with shingles cannot give someone else shingles, they can pass chickenpox virus to others through direct contact. So your grandchildren can get chickenpox from someone with shingles.

OK, so now how do I prevent getting infected with shingles?!??

People 60 years of age and older should receive a single dose of the shingles vaccine. That is about all of us here at Arrowhead.

Does the vaccine work?

Well of course it works. It is not 100% effective but it does protect more than half the recipients from getting shingles. Of those who do still get shingles, 2/3's do not suffer from the long-lasting shingles pain. The vaccine is very safe, only mild redness and itching at the injection site, and rarely, a rash at the injection site. You should still get the vaccine even if you have had shingles in the past because you are at risk for getting shingles again in the future.

In October of 2006, the CDC recommended the shingles vaccine for all adults 60 years of age and older. This is the first vaccine recommended for adults, and will prevent much of the pain and suffering caused by shingles.

This article was contributed by Kathy Koeltzow.



BEST BUY ON THE MOUNTAIN
1800 Spruce Road is priced to sell at \$206,000!

Under replacement cost and \$25,000 under last appraisal. Charming Arrowhead A-frame on secluded lot near winter parking, Inn and fire house. Fully mitigated with beautiful trees. Sleeps 6-8 and has cute cabin décor. Complete remodeling in 2006, roof, siding, windows, doors, new front/back decks, wiring, plumbing and more. Some of the goodies include skylights, solar tube, laminate flooring, dishwasher, disposal, stackmate. This is move-in ready.

Retired out of state owner (former realtor) says: Call **your** Arrowhead realtor to show it to you today,
 Deb Dietmeyer at Re/Max, Carol and Jeri at Tamarack, Don and Lucia at Arrowhead Ranch, but don't wait on this one!

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for up-to-date listings of all available Arrowhead properties

Featured Properties



100 Crest — Exquisitely fully furnished, with custom made furnishings, cabin will take your breath away as soon as you enter! With 1,599 square feet of living space, 2 bedrooms, 2 baths and a great floor plan it's perfect for a mountain getaway. Seller has thought of everything! Offered at \$389,900



205 Aspen Trail — Cute extremely well maintained log cabin is located on an absolutely immaculate and private lot. It's a story-book cabin that has all the modern conveniences you'd want including a remodeled kitchen, newer furnace, newer garage/workshop and shed. Offered at \$245,000

great private location with stunning views



105 Ridge — Stunning 2,355 sf home w/3 bedrooms, 2 baths, walk-out basement and many upgrades including gourmet kitchen w/hickory cabinets, Stylestone counter-tops, wine cooler and Jenn-air range.
Offered at \$680,000



252 Aspen Trail — Picturesque log cabin comes fully furnished with custom-made furniture, large workshop/garage, covered hot tub, sauna and large two-level deck. Complete this with a view of soaring aspens and majestic Douglas firs. Offered at \$275,000



VISIT OUR WEBSITE FOR MORE PICTURES AND INFORMATION ON OUR FEATURED PROPERTIES

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Carol Bond

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Jeri Simms

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137 BALSAM RD.

Great log cabin with an open concept, includes all furniture & appliances 3 bedroom, 1.25 bath. Private park-like setting. Will consider EXCHANGE for house in Mesa County. \$249,500



1571 SPRUCE RD.

GREAT VIEW-SAN JUANS. Perfect for the large family--1980 sq.ft., 5 bedrooms, 2 baths on 3 levels. Wrap around deck. Garage with snowmobile loft & ramp. Totally furnished & 2 snowmobiles. Reduced to \$248,500.



384 ASPEN TRAIL.

Secluded large mountain home. Only 1/2 mile from winter parking & Inn at Arrowhead. Knotty pine T&G & rough sawn beams. 5 bedroom, 3 bath-3257+ sq.ft. Garage/workshop & fenced dog yard. Fully furnished. 2 water hrs-2 septs. Custom cabinets & tile throughout. Reduced \$300,000



507 WILDFLOWER DRIVE

Absolutely beautiful mountain home/cabin. A delightful setting on level, wooded lot only a few yards from Hazel Lake. Completely furnished. 1800 sq.ft., 3 bedroom, 2 bath Great kitchen. Large beam ceilings, hardwood & tile flooring. Very private location. \$349,500.



170 BALSAM RD.

Neat & nifty log cabin with VIEW up the valley. 1296 sq.ft. on 2 levels--3 bedroom, 1.5 baths. Covered deck. Separate log storage shed/workshop. A real charmer, completely furnished & decorated. \$265,000



285 ASPEN DRIVE

Spacious two story LOG home. 2+ bedrooms, 2 baths--Beautiful interior with large craft room/office. Level corner lot. Close to winter parking lot and The Arrowhead Inn. \$335,000

ARROWHEAD LOTS

2050 SPRUCE RD. \$29,900

New listing. Gently sloped, heavily wooded. Across from fire house, close to winter parking and The Arrowhead Inn.

400 ASPEN TRAIL. \$45,000

Secluded, clean, flat lot with nice meadow, water tap paid. Easy access.

950 SPRUCE RD. \$59,500

Good driveway w/pad & large elevated deck setup for RV. Water & electric installed. Very private level wooded lot.

1720 SPRUCE RD. \$62,500

Water & electric service installed, ready to use. Nice view toward San Juans. Cleared driveway & camping area.

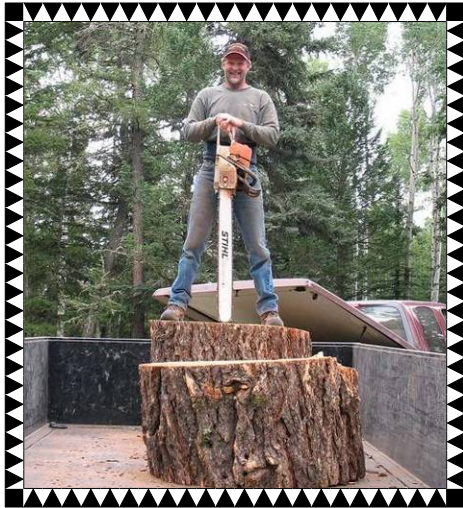
702 HAZEL LAKE DR. \$79,000

Clean, flat lot with all utilities recently installed--ready for your RV or build.



721 SPRUCE RD.

Outstanding views of San Juan mountains and valley. Overlooks Evergreen Lake. 2 bedrooms, 2 baths, fully furnished. New country kitchen. Plenty of storage. Price Reduced \$295,000



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Working on the Willow Park Trail



Items For Sale

2008 Yamaha FX Nytro MTX snowmobile, 140 miles, extras, Anniversary Edition, \$10,799 MSRP, Sell for \$8500.

1998 Polaris 600 RMK snowmobile, runs strong, Sell \$2100.

300 gallon fuel tank with stand. Sell \$250.

2006 1/2 Arctic Cat 700 EFI, 4x4 ATV, Limited Edition, bumpers, aluminum wheels, rear rack bag, sunset orange, 1285 miles, great machine, \$5200.

2003 Interstate All-Sport trailer, 8 x 27, 2 ramp doors, 1 side door, better than new. \$7900.

Call Jim O'Neal @ 260-0877



Thanks goes out to Mary Cokes and Melissa Hernandez for providing photos!



FREE THINNING for your lot! I provide a service of free thinning for your lot and I utilize the trees for Christmas trees! I have worked in the Arrowhead Ranch area for the last 5 years thinning on common land and also for private land owners. Please call and we can meet to look at your lot or if you have any questions regarding my service? Contact Tony Smith at 970-275-4852 or tony@rdsenvironmental.com

If property owners have any questions please contact Bob Rosenbaum. 862-8241

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732 CREST DRIVE
\$369,900

- Bright w/ Vaulted Ceilings
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- 2400SF-1 Car Garage & Shed
- Beautiful View A MUST SEE!



321 CREST DRIVE
\$79,900

- Beautiful 1 Acre Parcel
- Water, Septic, Electric Installed
- Ready for the RV or to Build
- Very Private w/ Nice Trees
- Excellent Location, Great Buy!



304 CREST DRIVE
\$56,000

- 1 Acre Lot w/ Gentle Slope
- Utilities, Septic & Water
- Surrounded w/ Lots of Common
- 2 Adjoining Lots Available
- Fantastic Deal! Call Now!



130 RIDGE ROAD
\$79,900

- Excellent Mountain Views
- Utilities Ready for Hook Up
- Water Tap Paid & Line Ready
- Septic In Place, Great Area
- Call for Details!



1820 SPRUCE ROAD
\$49,900

- Private Unimproved Lot
- Open Area for Camper
- Level Spot w/ Partial Trees
- Worth Looking At!
- Come Enjoy the Mountain!



101 ASPEN DRIVE
SOLD!!!!

- Septic, Water & Utilities In
- RV Pad In - Ready for Your RV
- Open Area w/ Partial Trees
- Nice Location



301 CREST DRIVE
\$319,900

- True Centennial Log Home
- 2261 SF, 3 Bed, 2 Bath
- Plus Full Basement
- Open Living w/ 3 Decks
- Workshop & More!



1070 SPRUCE ROAD
SOLD!!!!

- Beautiful Mountain Home
- Open w/ Vaulted Ceilings
- Equipped Gourmet Kitchen
- 2 Baths, 1 w/ Deep Jetted Tub

ARROWHEAD

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Fall is a time when the crisp mountain air brings thoughts of warm "comfort" food to mind. Here is a recipe that is an old favorite but with a healthy twist. Enjoy!

Loaded Twice-Baked Potatoes

- 4 medium russet potatoes
- 8 ounces 90%-lean ground beef
- 1 cup broccoli florets, finely chopped
- 1 cup water
- 1 cup reduced-fat Cheddar cheese, divided
- 1/2 cup reduced-fat sour cream
- 1/2 teaspoon salt
- 1/4 teaspoon freshly ground pepper
- 3 scallions, sliced

Directions. Pierce potatoes all over with a fork. Place in the microwave and cook at 50% power, turning once or twice, until the potatoes are soft, about 20 minutes. (Or, use the "potato setting" on your microwave and cook according to the manufacturer's instructions.)

Meanwhile, brown meat in a large skillet over medium-high heat, stirring often, about 3 minutes. Transfer to a large bowl. Increase heat to high, add broccoli and water to the skillet, cover, and cook until tender, 4 to 5 minutes. Drain the broccoli; add to the meat.

Carefully cut off the top third of the cooked potatoes; reserve the tops for another use. Scoop the insides out into a medium bowl. Place the potato shells in a small baking dish. Add 1/2 cup Cheddar, sour cream, salt and pepper to the potato insides and mash with a fork or potato masher. Add scallions and the potato mixture to the broccoli and meat; stir to combine.

Evenly divide the potato mixture among the potato shells and top with the remaining 1/2 cup cheese. Microwave on high until the filling is hot and the cheese is melted, 2 to 4 minutes.



From: Arrowhead Improvements Association, Inc.
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