



## IN THIS ISSUE...

...as usual, you'll find **great information** from the A.I.A. President, our AVFD Chief, our Security Manager, the Design Review Manager and others. But in this edition you'll also see the new **ARROWHEAD PET PAGE!** On page 19, you'll find a brand new column- ASK THE VET- written by one of our own residents and veterinarian, Dr. Larry Brustle! Dr. Larry will be not only handing out advice, but also taking your e-mails and letters asking questions! Here, too, you'll meet our own resident Animal Foster Parents- Becky and Kevin Stilley. They are working with the Montrose Animal Shelter to help provide loving homes to orphaned pets. With the financial situation in America there are more and more pets in need of loving families! Consider giving the gift of love to an animal this year!

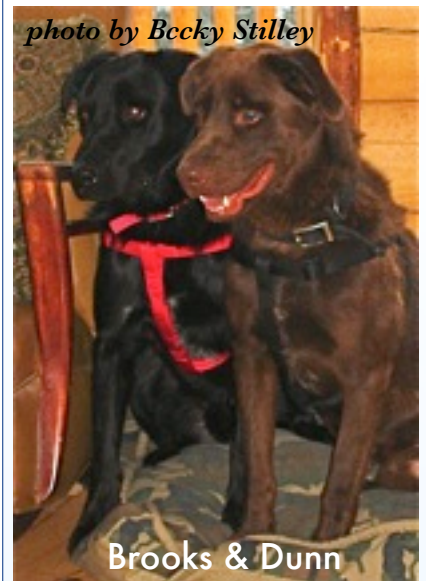
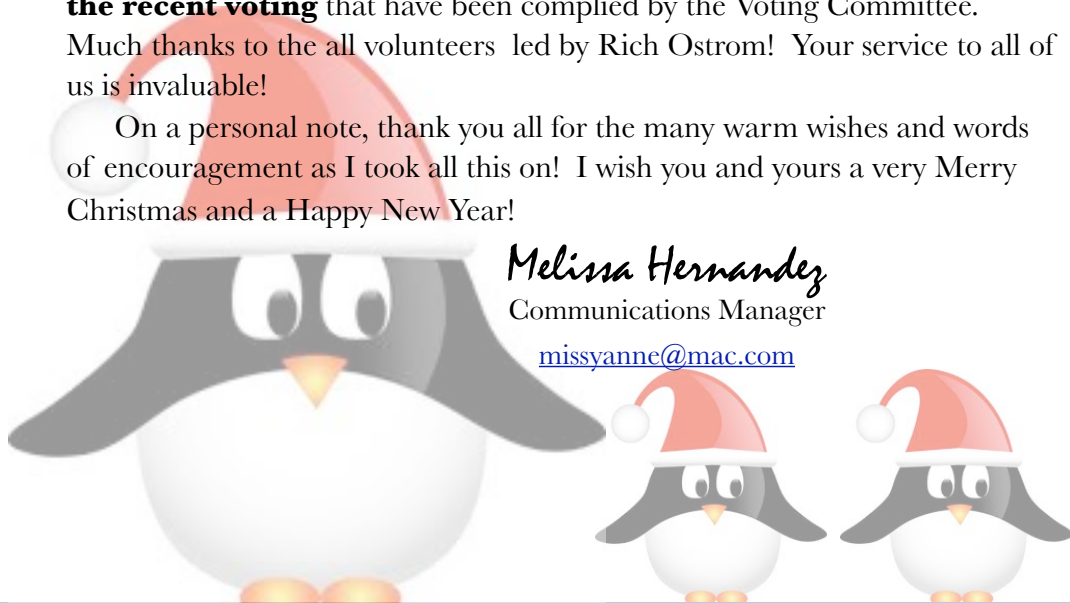
Love winter in the Rockies? Or just want to know what the heck we do up here all winter? **Histories of Arrowhead**, starting on page 8, lets you in on **Winter Sports!** Skiing, snowmobiling and snowshoeing are a few things that keep us out in the cold, enjoying winter! (Ok- there is that good book enjoyed by the fire, too.)

Also, on page 15 of this issue you'll find the much awaited **results of the recent voting** that have been compiled by the Voting Committee. Much thanks to the all volunteers led by Rich Ostrom! Your service to all of us is invaluable!

On a personal note, thank you all for the many warm wishes and words of encouragement as I took all this on! I wish you and yours a very Merry Christmas and a Happy New Year!

*Melissa Hernandez*  
Communications Manager

[missyanne@mac.com](mailto:missyanne@mac.com)



*photo by Becky Stilley*

**Brooks & Dunn**

## Our Animal Family Members

On page 19, Veterinarian **Larry Brustle** gives his advice for keeping your pets healthy and safe over the winter, while **Becky Stilley** introduces a couple of new guests and lets you in on a great way to help others this Christmas Season!

## Histories of Arrowhead

This addition of the Smoke Signals focuses on Winter Sports here at Arrowhead. With 2 groomed tracks for Nordic Skiing (X-country), 28 miles of groomed trail for snowmobiling and acres and acres of snow available to snowshoe, there is something to get everyone out into Nature's winter wonderland!

# PRESIDENT'S MESSAGE



Bob Hernandez

Winter has arrived at Arrowhead and, as of this writing, we are getting the first bit of snow we've had in a few weeks and the filing roads are still open. I would like to wish everyone a Merry Christmas, Happy Holiday season, and a Happy New Year.

If you haven't already joined or renewed your membership, it's now a good time to join the Arrowhead Snowmobile Club for 2012. The Club plays a vital part in our winter activities, including fun and recreation as well as safety and keeping the filing roads passable and comfortable for emergency vehicles and for our snowmobiling through the neighborhood. Please do support the Club.

The Inn is planning a New Year's Eve event with music by the Pine Creek Gang. Please look for more details on the Inn's website and on flyers. It should be a fun time and a great way to welcome in the New Year.

I would like to congratulate the winners of the AIA Board Election, Sharon Pugh and Don Koeltzow, who will start their 3 year terms on January 21st at the first board meeting of 2012. I would also like to thank our departing board member and past president, current vice president, and treasurer, Paul McDermott, for his years of dedicated service and contributions to Arrowhead. He will be missed. Please extend your thanks to him in person at the January Board meeting or whenever you see him next. Also, please extend your congratulations to our newest board member, Sharon and our continuing board member, Don.

As we welcome 2012 we will be asking for volunteers for the 2012 Election Committee at the January Board Meeting. If you are interested in volunteering for this committee or any other volunteer position for 2012 please plan to attend the January meeting or let me know via email of your interest.

I want to also thank Don Koeltzow, Rich Ostrom, and the 14 or more volunteers who contributed their time and effort to the Covenants Revision Committee over the past 3 - 4 years. Their work has been instrumental in raising awareness in the community of the Covenants which is the basic governing document for our community. As reported elsewhere in this Smoke Signals, the election results are in. While a majority of the votes returned were for the new amended Covenants, we did not receive enough "For" votes to make up the 50% of the 808 eligible site owners required to pass the change. As a result, amendments 2 and 3 do not apply and did not pass either.

The key point I would like to stress is that the current Covenants and Regulations still apply. The Board asks that all community members continue to abide by all the rules most of which have been in place since 2005.

I hope everyone has a great winter at Arrowhead.

[bobhernandez@mac.com](mailto:bobhernandez@mac.com)



# FIRE CHIEF'S MESSAGE



## Brent Mims

The Arrowhead Volunteer Fire Department would like to wish everyone a happy holiday season and upcoming year! Please remember that the winter brings some heightened risks that are specific to the season. Please remember to ride your snowmobile within your ability and responsibly. Also remember that the weather can change dramatically in a short period of time. If you are venturing out for a day in the backcountry on your snowmobile or just going to town, be prepared to return in different weather conditions. If you have not already, please perform annual maintenance on your woodstove and chimney to reduce the risk of a fire at your residence.

The AVFD First Responders would like to remind everyone that in the event that someone around you suffers cardiac arrest, CPR and/or rapid defibrillation give the greatest chance of survival. The fire department maintains automatic external defibrillators (AED) throughout the community. They can be found at the following locations:

- ☒ **Spruce Rd – near the pump house**
- ☒ **Aspen Trail – on the south end near the intersection with Spruce Rd**
- ☒ **Ponderosa – as start up the hill**
- ☒ **Fire station – south exterior next to the bay doors**
- ☒ **Hazel Lake Rd – between Crest and Ridge**
- ☒ **Crest Dr – at the bottom of the switchback**
- ☒ **Crest / Deer Trail intersection**

The fire department has had some changes in personnel.

I would like to thank Eric Johnson for serving as the winter assistant Fire Chief both the winter of 2010-2011 and since September 2011. Eric has recently tendered his resignation with the fire department due to personal reasons. Eric is a very capable firefighter and has been an excellent asset to the fire department. Eric has also never shied away from volunteering to help the community outside of his role with the AVFD and has represented the fire department well when doing so.

I would also like to thank Melissa Hernandez. Melissa has recently resigned her AVFD secretary position to allow for some time to concentrate on the AIA communications manager position. Melissa has done an exceptional job of keeping the AVFD business meetings organized and well documented. Melissa also took on the huge undertaking of doing her best to teach me the basics of "Roberts Rules of Order". I will look forward to her assistance with communications to the public and involvement with the AVFD as she has time.

Our other loss is firefighter Star Misner. Star has always been enthusiastic about being involved in AVFD trainings and has been ready and willing to put her skills to use when asked. Star's enthusiasm has been uplifting to me at the last years worth of trainings.

I would like to welcome Paul Grosvenor aboard as winter Assistant Fire Chief. Paul displays an excellent ability to think things through before acting and also has an easygoing personality that will allow him to manage incidents and sit in my place at business meetings in my absence. Please welcome Paul aboard.

I would like to welcome Becky Stilley as AVFD secretary. Becky's career with Ford Motor Company has given her organizational and management skills that far exceed those that will be needed to benefit the AVFD. Welcome aboard Becky.

Finally, I would like to remind everyone that the biggest asset a fire department has is it's personnel. AVFD personnel's willingness to train and respond to incidents is what allows us to have the great fire department that we do. Their contributions are appreciated and don't go unnoticed. [avfdchief@gmail.com](mailto:avfdchief@gmail.com)

# SECURITY'S MESSAGE



Reinie Masanetz

Another busy holiday season is upon us and we ask that you keep safety in mind also. The filing roads are still open, but it's possible they might be closed by the time this Smoke Signal gets published and mailed. Please check the <http://arrowhead1.org> website, which will post the most recent road closure and conditions. In the past two weeks, there have been heavy winds here at Arrowhead, causing a lot of downed trees. The Security officer on duty has been patrolling the subdivision and has noted no structural damage to property owners, at this time. Any downed trees blocking the filing roads, have been cut and moved to the side. Owners returning to your lot, do not be alarmed at the number of downed trees. In preparation for when we will be traveling by snowmobile, please mark your driveways to help Security access your property safely. There have been occasions when grills, outdoor equipment, etc. has obstructed the path for Security, posing danger to Security personnel and the Security snowmobile. At this time, we are unable to mark the trails due to the lack of snow as it requires a certain depth to hold up a trail marker pole. Please stay on trails and do not create "ghost trails" as they can confuse people. While snowmobiling, it would be a good idea to carry emergency gear with you, i.e. flashlight, shovel, ropes etc.

Please be courteous while parking your vehicles in the winter parking lot. If you have a truck with a trailer, you need to park in the designated row marked "Trucks with Trailers only". The same holds true, that vehicles without trailers should not be parked in that row.

There are four (4) temporary diesel spaces available in the winter parking lot marked "A, B, C & D" on the west power pole. To access a space, please contact the Security Officer on duty to unlock the power receptacle. The cost is \$20 per weekend (Fri. – Sun.) or \$50 for seven (7) days. Please advise your guests, visitors, renters and service personnel to follow our AIA regulations and winter parking rules. For this purpose, we have again published the "Winter Parking" rules.

Your Arrowhead security team would like to wish you all a "Happy Holiday" season and if we can assist you in any way, please contact us at 970-862-8262 and leave us a message or call our cell phone, 970-209-6335.

**Reinie Masanetz**  
**Security Manager**  
[reinie@fone.net](mailto:reinie@fone.net)

Please see  
**Winter Parking Regulations**  
 on page 11

# DESIGN REVIEW'S MESSAGE

Joyce Boulter

[joyce.boulter@gmail.com](mailto:joyce.boulter@gmail.com)

## Design Review Committee

### Meeting Schedule for 2012

February - 13	July -16
March - 12	August - 13
April - 6	Sept. - 10
May - 14	Oct. - 15
June - 11	



Please have plans to me at least a week before the meeting, so I can review them to make sure they are complete. We would like to have color charts for stains and roofs and descriptions of all finishes. Check the Regulations for a complete description of plans and materials needed.

### There is an opening for a Design Review Committee Member.

Please send me a resume, including skills and reason(s) for wanting to be on the committee. The committee will recommend a member, for the Board to approve.

**The deadline for Letters of Interest is January 31, 2012.**

*The Arrowhead Community wishes to extend  
our heartfelt sympathy to  
Rich Leary & Family  
on the passing of  
Mary Kathleen "Kathy" Leary.*

*Kathy was more than a loving wife, mother and friend,  
she was a valued and giving member of  
our Arrowhead Family.  
We will miss her.*





# MOUNTAIN HEALTH



Joyce Boulter

Most of the winter residents are ready for their play season. We get excited and energetic when the snow flies. But we need to be mindful of the problems that extreme cold can bring, especially those winter warriors who come up on weekends and holidays. Extreme cold is also more dangerous as we get older, and even though we don't act like it most of the residents are at least eligible for AARP.

Plan ahead. Doesn't that sound familiar? Extreme cold is anything decidedly below normal.

Temperatures near freezing could be extreme cold in Texas or Florida, while in Arrowhead temperatures from about 15 to -20 are extreme cold. First plan for emergencies in your house. You should have food that doesn't require cooking or refrigeration, such as crackers, bread, cereal, canned food and dried fruits. Parmalat is a packaged milk that has a shelf life of about 6 months and nice to keep on hand. You should also have some kind of back up heating that doesn't rely on electricity. If you take medications, it is good to have several weeks supply on hand. Other supplies needed for the winter would be a battery-powered radio, waterproof matches, flashlights and batteries, extra blankets, and non-electric can opener. All of our houses have smoke detectors, but you also need a carbon monoxide detector and an indoor/outdoor thermometer. I keep a box of supplies for the car also. It should contain; blankets, first aid kit, waterproof matches, windshield scraper, booster cables, paper towels, sand or cat litter, towrope, chains, collapsible shovel, flashlight and batteries, canned food and opener or dried high calorie food and a bright colored cloth.

Outdoor safety is more important as most of us are outdoors in the winter, even if it is only to ride the snowmobile to the parking lot. Wind chill is very important to take into consideration. For example: a temperature of 0° will feel like -22° with a wind of 20 mph. Wear warm clothes in layers. The outside layer should be water and wind resistant. Good gloves, boots and head covering are also essential. Shivering is your body's way to keep warm and persistent shivering is a signal to get indoors.

Always be safe on your recreational outings. Let someone know where you are going and expected return time. You should never go out alone, but if you do, carry a cell phone, it just might work. Also carry flares and a mirror. Wear appropriate clothing and carry emergency supplies. Hypothermia and frostbite are the most common cold emergencies. **Hypothermia** is the cooling of the body core temperature to below 95°. The signs include uncontrolled shivering, exhaustion, confusion, memory loss, slurred speech and drowsiness. Call immediately for medical help and begin warming the person. There is a phone in the heated shed in the parking lot. There is also an emergency phone at the phone boxes about half way down the Alpine. Cell phones work in many areas on the mountain, but 911 will work in most areas even if you don't have service from your carrier. The emergency number in Arrowhead is 911, Gunnison dispatch will then notify our emergency team. First get victim into a warm room or shelter and remove any wet clothing. If shelter is not available protect the victim from cold and wind. Be extremely careful when moving a hypothermic person, sudden or jarring movement could cause more damage. Use a blanket if available. It is essential to warm the center of the body first, chest, neck, head and groin. Use skin-to-skin contact or loose dry layers of blankets. Warm beverages will help, but do not give alcohol or caffeine. If the victim is unconscious, warm the body, but do not give fluids. Monitor the unconscious victim carefully for pulse and breathing, it will be more difficult to feel pulse, so check for at least 1 minute. CPR may be needed if there is no pulse or breathing. **Frostbite** occurs on exposed areas of skin, most commonly on the nose, face, ears, fingers and feet. It is also a medical emergency. Until medical help arrives, warm the affected area using water that is body temperature or use body heat by placing hands in the armpit. Never rub the area with snow or massage it at all, it could damage the skin. Don't use heating pads or place near a source of heat like a fireplace or stove as you could burn the numb area.

Remember when it is **COLD**:

**C**= Cover your head and hands, mittens are warmer than gloves.

**O**= Overexertion, avoid activities that make you sweat. Wet clothes increase chills.

**L**= Layer your clothing. Wool, silk or polypropylene hold more body heat than cotton.

**D**= Dry; stay as dry as you can. Watch for places snow can enter such as around gloves or boots.

Let's have a safe winter.

[joyce.boulter@gmail.com](mailto:joyce.boulter@gmail.com)

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**SNOW REPORT**  
by  
**LINDA DYSART**

Despite the dusting of snow we had in late October, real snow came late this year!

Dec. 3rd

1 inch

27 inches total

5 inch base



Dec. 4th

7 inches

34 inches total

11 inch base



Our thanks to Linda Dysart  
for this snow report!

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**\*GUARANTEED!\***



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Joanna Misare- (970) 862-8324 or (970) 275-3461 or [jomisare@fone.net](mailto:jomisare@fone.net)

Mary Bair- (970) 389-3877



# HISTORIES OF ARROWHEAD WINTER SPORTS ON THE MOUNTAIN



## ***X-Country Skiing!***

Here at Arrowhead we really are a ski in/ski out community! Well, not exactly the same way that Telluride or Crested Butte are, but you can don your x-country skis on your front porch and ski the filing roads to your hearts content!

Of if you prefer skiing where you don't have to dodge snowmobiles, head to one of the two groomed trails available for x-country skiing only! Arrowhead's summer nature trail around Hazel Lake becomes winter's Nordic haven. Tucked between trees and the lake, it is a place to surround yourself with nature's tranquility or to join your friends.

Our second groomed skiing trail is behind the Inn at Arrowhead. With its wide open vistas and views of the West Elks, you may find yourself stopping on your first couple of laps to marvel at winter's majesty here in the Rockies!

A group of skiers meets regularly and newcomers to Arrowhead or to the sport are always welcome!

Contact Linda Dysart at 862-8287 or [skypilot@fone.net](mailto:skypilot@fone.net)



## ***Snowmobiling!***



Way back when, at the start of Arrowhead, Jim Squirrel never intended for folks to live here year round. But then, Jim just didn't count on some people who think that winter is the absolute BEST season on this mountain! Blue skies bringing out the diamond sparkle in a pristine field of snow with some great blizzard days thrown in to sit by your fire and read a good book!

Yes, snowmobiling is essential to an Arrowhead winter. On the Mountain, our roads close when the snow grows deep, and although some hearty residents get to their place by skis or snowshoes, snowmobiling is the method of choice for getting around each winter.

But let's talk beyond the essential to recreation!

Snowmobiling is a fast growing sport as well as an adrenaline rush. Whether you just love riding around the groomed trails, or hotdogging in the powder, Arrowhead has 28 miles of groomed trails and thousands of acres of deep powder high mountain meadows and forests to play away a day.

For info or to join the ASC, call Kathy Koeltzow!

862-8243

[dkandkk@fone.net](mailto:dkandkk@fone.net)



Histories continues on page 13...



# ASC INFO!

***Mark your calendar now!***

**Club Rides are the 1<sup>st</sup> Saturday of January, February and March.**

The January Ride is a Hawaiian Hula Ride.  
Thank heavens, no bikinis will be allowed!!

The February Ride is the big Sweetheart Ride  
with photos, fun and prizes!

The March Ride is the St Patty's Ride.

8-10 am Breakfast at the Inn at Arrowhead!

9 am- Arrowhead Snowmobile Club Meeting.

Rides leave from the Inn at 10 am for three levels of riders!

Lunch is at Willow Park with bonfire, sides and brats!

## Backhoe Service & Handyman

*-To All at Arrowhead-  
I would like to wish everyone  
a Happy & Safe Holiday  
Season*

*Thanks for your support  
throughout the year!  
- Nick Garreffa*



429 Juniper Dr.  
Arrowhead, CO 81220  
970-862-8389

**Nick Garreffa**  
[diggernick429@yahoo.com](mailto:diggernick429@yahoo.com)  
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Linda Helken Squirrel



Lucia Lebon

*At the close of another year, we gratefully pause  
to wish you Peace and Joy this Holiday Season  
and throughout the New Year*

*Lucia and Linda*



# WINTER PARKING REGULATIONS

Arrowhead Improvements Association

## Winter Parking

1. **You must have a yellow numbered sticker on your motor vehicles, trailers, snowmobiles, ATV's and UTV's in order to use the winter parking lot.** There is a sign in the parking lot, "Vehicles without an AIA numbered sticker will be towed at the owner's expense". Security personnel will patrol the lot for rule infractions and take appropriate action. Do not leave a vehicle in the main parking lot for an extended period of time that cannot be moved if the lot needs plowed. Leave a spare key(s) with Security for vehicles remaining in parking lot for any extended period. Each owner is allowed two (2) non-paid spaces in the parking lot.
2. Paid spaces will be provided for open/enclosed trailers. Enclosed trailers will park in the designated far West side. Snow removal will not be provided to this area thus these trailers will not be required to move when the lot is plowed. Open trailers will park on the North/West corner of the main parking lot. Spaces are available for a fee of \$50.00 per space and see Security personnel to secure a long-term trailer space.
3. Snowmobiles will be parked on the elevated West side area of the parking lot. Short-term parking of snowmobiles and UTV's will be allowed for a maximum of three (3) nights in the main area of the parking lot. Chaining multiple snowmobiles together in the vehicle parking area is not allowed.
4. Guests parking will be provided on a limited basis. Two (2) guest passes will be provided to each lot owner and are available from Security personnel. Guest passes are to be placed on the dash board of the guest vehicles. Property owners are responsible for their guests. Please inform your guests that a telephone is available in the warming hut for local calls only.
5. Weekend vehicles with trailers are to park in the designated area, which is the first row South of the diesel parking. The vehicle and trailer both must have an AIA numbered sticker or guest pass. No parking will be allowed on the East side of the parking lot. The snowplow must have clear access through this area to dispose of snow during routine grooming and to provide emergency access to egress.
6. Vehicles, snowmobiles and trailers may be parked in the parking lot no earlier than the second Saturday of October and must be removed from the parking lot no later than May 31<sup>st</sup> each year (Per our County Use Permit). Vehicles, trailers, snowmobiles, ATV's & UTV's left in the parking lot after May 31<sup>st</sup> will be impounded and charged a \$100 fee; unless other arrangements have been made. Vehicles remaining past 90 days in the impound area will be removed at the owner's expense.
7. Vehicles with diesel engines have priority for diesel parking spaces. There are now 30 diesel parking spaces. Assignment of a parking space to a diesel vehicle must be reserved and paid for by October 1<sup>st</sup>. After Oct. 1<sup>st</sup>, if space is available, assignments will be made on a first come basis. The fee is **\$200** for the season or **\$20.00** for the weekend (if space is still available). See Security personnel to reserve a space and pay your fee.
8. When leaving the lot on snowmobile **please stay on marked trails and observe traffic regulations.**



**Get to Know your AIA Board Members**  
**START YOUR NEW YEAR OFF RIGHT!**

Jan. 21st, 2012	Jul. 21st, 2012
Mar. 10th 2012	Aug. 18th, 2012
May 19th, 2012	Sept. 15th, 2012
Jun. 19th, 2012	Oct. 20th, 2012

AIA Board Meetings are on Saturday for your convenience

(cut out and put on fridge!)

**Joanna Misare**

***NOTARY  
PUBLIC***

H-(970) 862-8324  
C-(970) 275-3461  
[jomisare@fone.net](mailto:jomisare@fone.net)

743 Crest  
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you a Merry  
Christmas  
...and a  
happy  
New Year!



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# HISTORIES OF ARROWHEAD WINTER SPORTS ON THE MOUNTAIN

Continued from page 8

Linda Bumgarner

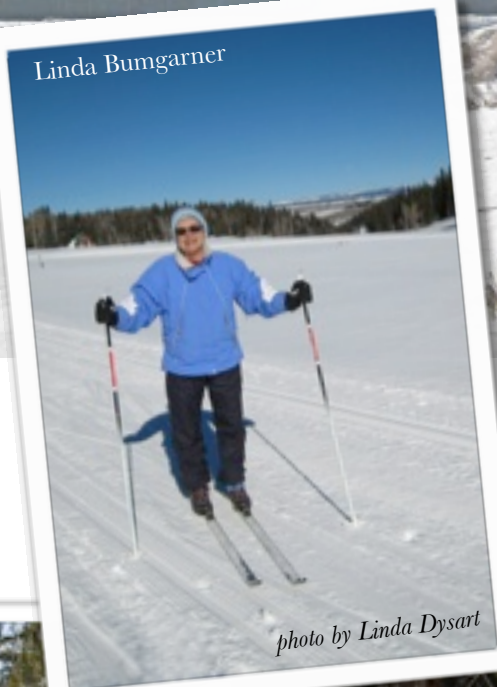


photo by Linda Dysart

Ride atop Baldy



The Chicotes



photo by Linda Dysart

Billie Ellis skiing around Hazel Lake



photo by Linda Dysart

Don Dysart skate-skiing the filing roads



photo by Linda Dysart

ASC Vice President, Sally Burrichter



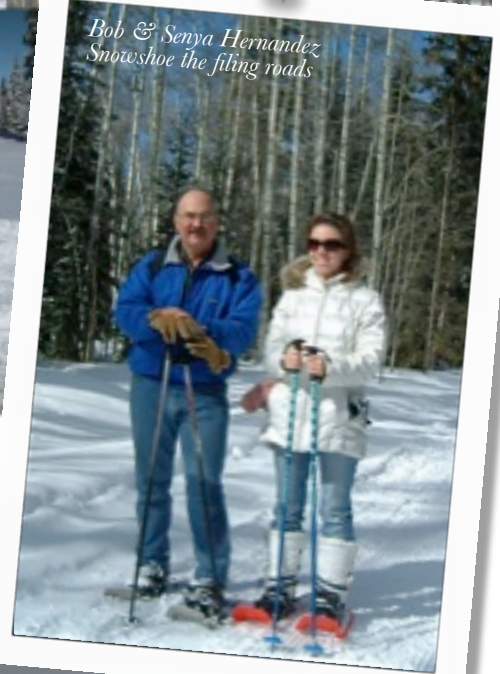


# HISTORIES OF ARROWHEAD WINTER SPORTS ON THE MOUNTAIN

Continue from page 13



*Star Misner, Bob Hernandez  
& Joanie Aufderheide  
ride upcountry*



*Bob & Senya Hernandez  
Snowshoe the filing roads*



*Bill Misare  
takes in the scenery*



*Heading up the Alpine  
on an ASC Ride*



*Lucia Lebon & Joanna Misare relax  
at Willow Park*



*Don Gladwell and son  
take a break at  
Willow Park*



# Results of the AIA Elections and Covenants Vote

The AIA Board would like to congratulate Sharon Pugh and Don Koeltzow on their election/reelection to the AIA Board for the term 2012 - 2014. Their term begins on January 21st, 2012

The vote count was:

Don Koeltzow.....394

Sharon Pugh.....347

Barrie Riddoch.....311

The results of the Voting on the Covenants are that none of the proposed amendments passed.

Amendment #1 - The revision of the basic Covenants did not pass with 50% of the 808 eligible site owners.

FOR.....298

AGAINST.....253

Amendment #2 - The moving of language from the current AIA Regulations into the Covenants about guest RVs.

FOR.....218

AGAINST.....332

Amendment #3 - The moving of the provision from the current AIA Regulations into the Covenants that a garage can not be built before a house.

FOR.....192

AGAINST.....360

The AIA board wishes to thank the Covenants committee that spent 3 - 4 years to come up with the proposed changes and the Election Committee for counting and recounting the votes. Most importantly, the AIA board wishes to thank all the lot owners who took the time to vote.

As a result the current Covenants and Regulations are still in effect. This means that the provisions of the Regulations requiring a 14 day permit for a 2nd occupied RV or guest RV and the provision that a garage can not be built before a house are still in effect.

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# T'was First Snow on the Mountain

(with thanks to *T'was the Night Before Christmas*)

**Merry Christmas to all!**

**Melissa**



T'was first snow on the Mountain, and thr'out Arrowhead  
Folks were up early, had coffee, well-fed.  
They'd tuned up high-powered machines with great  
care,  
The news reports saying fresh powder'd be there!

The hot-doggin' sledheads jumped outa their beds,  
While visions of boondockin' danced in their heads.  
And me with new helmet, my man with one, too,  
Were eager to see what our machines could do.

When beyond the drifts there arose such a clatter,  
I ran from our mud-room to see what was the matter.  
The noise, it arose from the Inn's early dark  
As our Snowmobile Club met to ride Willow Park.

The sun started rising on new-fallen snow  
Though the temperature gauges read 7 below.  
When, what to my wondering eyes should appear,  
But St. Nick on his sleigh, with a group in the rear .

He slid to a fast halt, so lively and quick,  
I knew in a moment this ride would be slick!  
More rapid than eagles the other folks came,  
And he whistled, and shouted, and called them by  
name!

"Now Lucia! Now, Sally! Now Kathy and Star!  
On, Kevin! On, Mary! We're not going far!  
Head up on the Alpine or ride the new trail!  
When you ride with me, I won't let you fail!"

As fresh snow that before the wild hurricane flies,  
When they meet with an obstacle, mount to the sky.  
Up to Willow Park, the riders, they flew,  
With hot dogs and beer, and a flask of booze, too.

And then, in the meadow we all went to play  
The skies were bright blue- t'was a beautiful day!  
As I revved my machine, and was turning around,  
Behind me some other folks made a big sound.

T'was the Lake City Snowmobile Club riding in,  
And they waved as they joined us and made a great  
din.  
Twenty-six riders in line, front to back,  
Gathered round the big bonfire and opened their  
packs.

We cherished the warmth of the bonfire, so near!  
Skewered some weenies, popped open a beer.  
Shared harrowing stories of rides in the past,  
Adrenaline junkies just having a blast!

For folks who have never been riding don't know,  
Of the beauty of spending a day in the snow.  
With umbrella-ed sissy drinks, they lie in the sun,  
Just waiting for life to be over and done!

While those of us here on the Mountain, we know,  
That to "ride free and die" is a lifetime motto !  
So if you're a newbie, it's got to be said  
With the ASC, you've got nothing to dread.

There's nothing more beautiful, I have to say,  
Than snow covered mountain peaks ending a day.  
And spending each day, from its morning to night,  
Riding your snowmachine somehow feels right!

Oh yes, you're exhausted from head down to toes,  
Fantastic exhaustion, as well we all know.  
But we say to each other as we turn out the light,  
"Happy sledding to all, and to all a good-night!"



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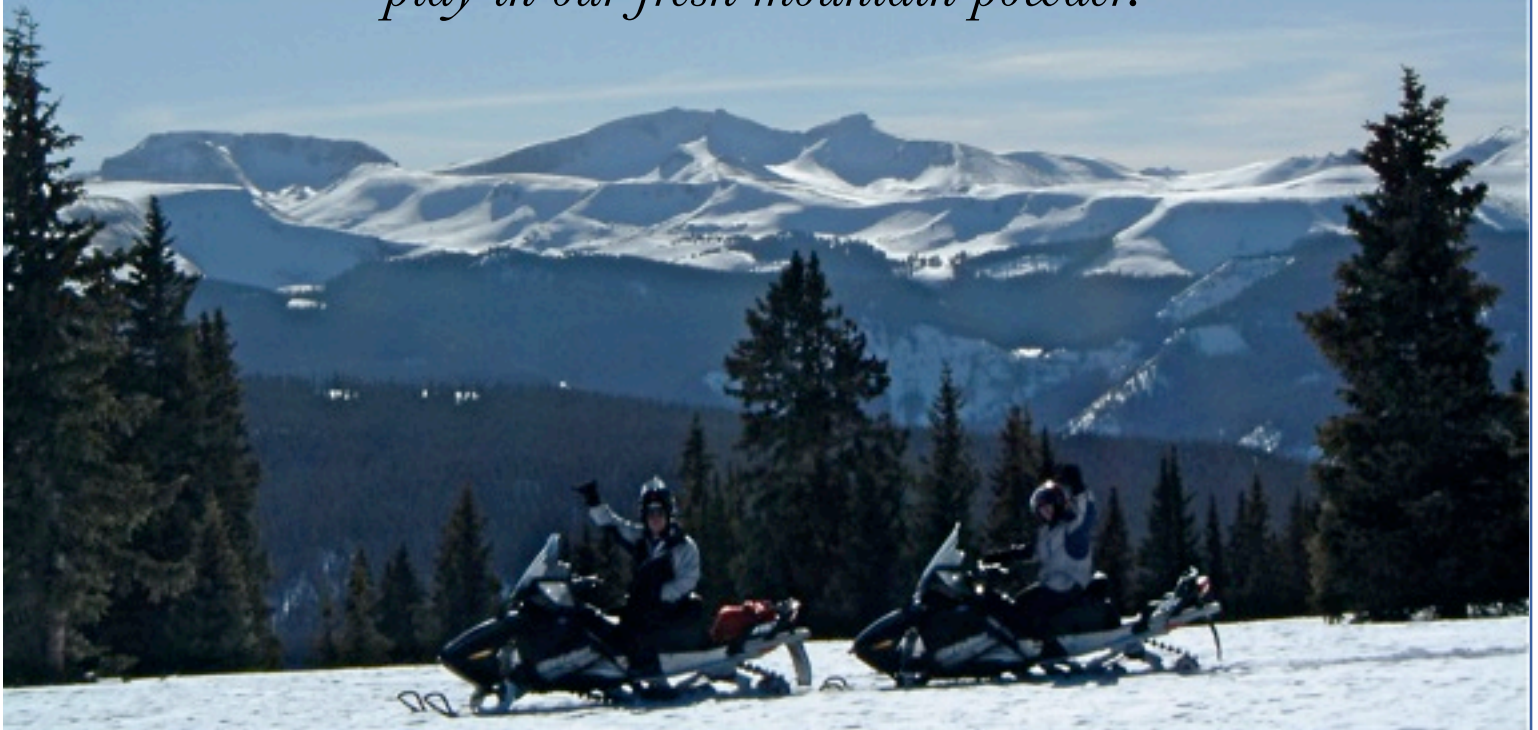
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# ARROWHEAD SNOWMOBILE CLUB

*The ASC invites you  
to come ride our 28 miles of groomed trails or  
play in our fresh mountain powder!*



**The Arrowhead Snowmobile Club holds three organized rides each year.  
We meet at the Inn at Arrowhead and break into groups based on experience level-  
from hot-doggers to first time riders!**

**A bonfire and brats lunch awaits everyone up at Willow Park (alt- 11,500 ft) as we take  
a breather, enjoy the mountain vistas and socialize with other snowmachine lovers.**

**Our club invites you to join us! Call or email Kathy Koeltzow at 862-8243  
or [tkoeltzow@yahoo.com](mailto:tkoeltzow@yahoo.com) for more information!**

**Ride dates for this year are Jan. 7th, Feb. 4th and Mar. 3rd!**

**REMEMBER- part of your CSA [www.coloradosledcity.com](http://www.coloradosledcity.com) dues go to help  
keep our subdivision filing roads groomed!**



# ARROWHEAD PET PAGE

**Make an animal's wish for Christmas...  
or any other time of year!**

## **Brooks & Dunn**

by Becky Stilley

**We have temporary residents on the mountain.** Brooks & Dunn are our foster dogs! These two lab mixes were found in Montrose, wandering the streets, starving and a bit aggressive (more like scared mean). They were trapped and recovered by the Montrose Animal Shelter. We're taking them in for socialization, ensuring that they pass a temperament test and their eventual readiness for adoption. So far so good! With a little TLC and understanding they are already becoming loving, well behaved, pets.

**The Montrose Animal Shelter has a great facility** and there are many wonderful dogs awaiting adoption. Their cattery, with it's large selection of cats and kittens, is very full right now. Having visited many animal shelters over the years, I was impressed by the quality of the animals at the Montrose Shelter. Consider adopting a rescue pet. These animals are so loving and grateful. The shelter is also always looking for volunteers, on site at the facility, for dog walking, general care, grooming and play time.

**These beautiful dogs** are now house broken, kennel trained at night, heel and don't pull on the leash, and have learned many other commands. They both sit, understand "off" and not to jump up on people or get on the furniture. We've also trained them to stay out of the kitchen and bathroom. My favorite command is "chill out" whereby they promptly go to their dog beds and lay down.

We've had the boys for over a week and they have settled right in. I'm certain they will make wonderful pets for some lucky family. Brooks and Dunn will be with us until mid-December and then will be assessed and available for adoption. If you'd like to meet Brooks & Dunn (no autographs, please!) feel free to give me a call.

Becky Stilley  
862-8277  
[thestilleys@msn.com](mailto:thestilleys@msn.com)

**Montrose Animal  
Shelter  
3383 N. Townsend Ave  
Montrose, CO 81401  
970-240-1487**

## **ASK THE VET**

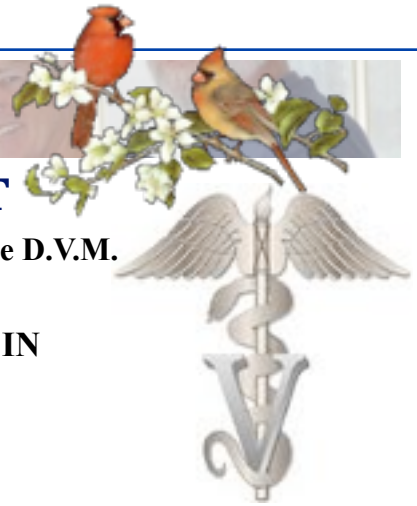
by Dr. Larry Brustle D.V.M.

### **JOINT PROBLEMS IN DOGS & CATS**

There are various types of conditions that affect the joints of dogs and cats which can have a major impact on the quality of your pet's life. Various types of Trauma can result in fractures, torn ligaments [Ruptured Anterior Cruciate Ligament in the knee] and sprains. Hereditary defects can cause hip dysplasia, elbow dysplasia and osteochondritis dessicans which can cause severe joint pain. Finally, excessive wear or mineral imbalances can cause degenerative joint disease. Obviously any of these problems can cause pain and mobility problems, but it can be difficult to evaluate the degree of pain [you can't ask a dog what is your pain level on a 1-10 scale]. Also, some animals are more stoic than others but there may be tell-tale signs such as limping, unwillingness or difficulty going up or down steps, or jumping onto the bed etc. There are various treatments, depending on the condition, to alleviate the pain and inflammation. The biggest group or medications for control of inflammation and pain are the non-steroidal anti inflammatory drugs [NSAID]. Rimadyl, Previcox, Metacam and aspirin [use with extreme caution or not at all in cats] are a few examples. Joint supplements such as glucosamine and chondroitin are also helpful in treatment and prevention. And finally, surgery in some cases, can be an option to alleviate pain and improve mobility. If you suspect your pet may be having pain from joint disease, do not delay a visit to the Vet for further evaluation. There is help to provide your four-legged friend a better quality of life.

If you have  
questions regarding your  
pet's health, e-mail me at  
[Bruestle@centurytel.net](mailto:Bruestle@centurytel.net).

I will answer all questions and provide related topics in future addition of the Smoke Signals.





### Notice

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Happy Holidays to all!

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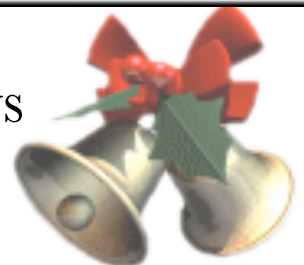
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Malynn Dale

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Your photos are always  
a welcome addition!





# ARROWHEAD SNOWMOBILE CLUB

**We're more than a club, we're a big part of Arrowhead!**

**Your membership in the ASC is more than your ticket to fun club rides. Dollars from membership in the Colorado Snowmobile Association help pay for our groomer that keeps our community's roads safely maintained!**

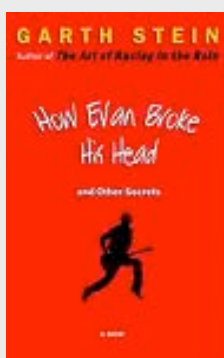
**Be a part! Join us!**

**For CSA and ASC membership go to or click here- [www.coloradosledcity.com](http://www.coloradosledcity.com)**

## 2011 BOOK CLUB SCHEDULE

*The Arrowhead Book Club  
meets for lunch  
at the Inn at Arrowhead  
on the second Friday of each  
month  
at 11:30 to socialize and  
discuss books.  
We'd love to have you join us!*

*Everyone is welcome, even if  
you have not read the book!*



**Jan. 13th**  
**How Evan Broke His Head**  
**and Other Secrets by Garth Stein**

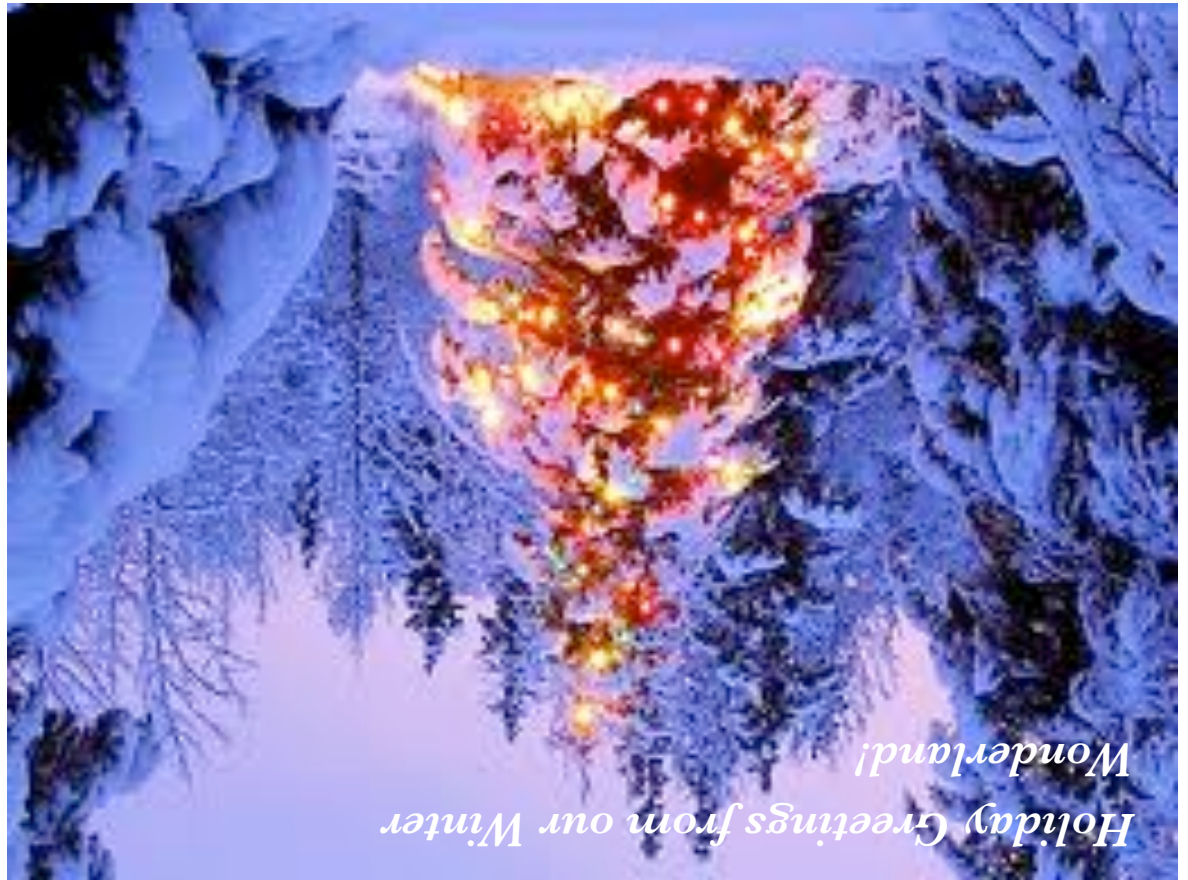
*The dates for the 2012  
meetings are:*

**January 13**  
**February 10**  
**March 9**  
**June 8**  
**July 13**  
**August 10,**  
**September 14**  
**October 12.**

***Books for 2012 will be selected at the Jan. 13th meeting,  
so please come with suggestions for books to read!***

Contact **Linda Dysart** at 862-8287 or [skypilot@fone.net](mailto:skypilot@fone.net) for more information or to be put on the email list.

DEC/JAN 2011/2012



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